

Trail Mannschaft Senioren

Legende:

..... Walk

- - - - - Jog

———— Lope

~~~~~ Back up

⊥ Stopp

1. Lope over

2. Slalom

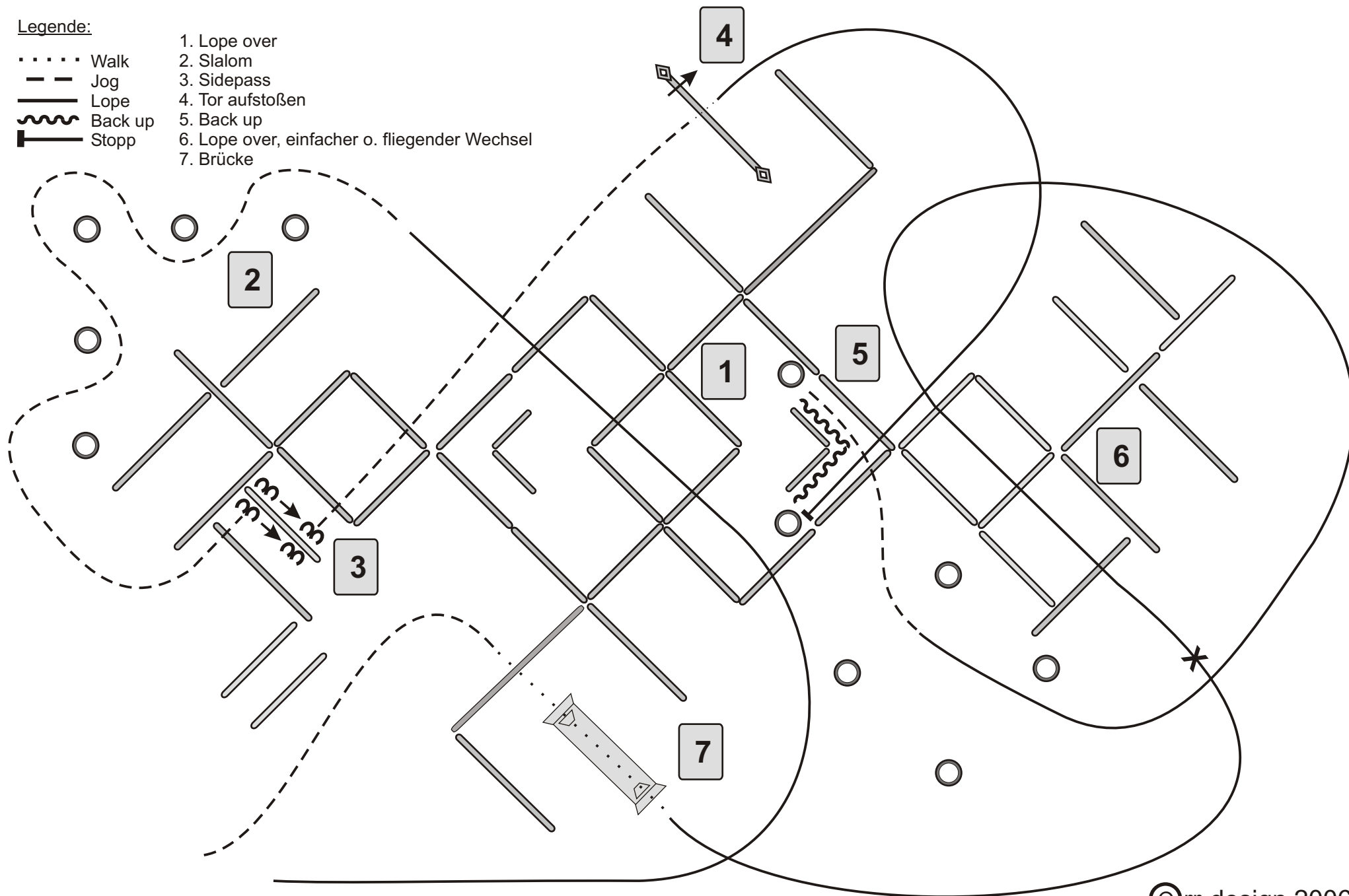
3. Sidepass

4. Tor aufstoßen

5. Back up

6. Lope over, einfacher o. fliegender Wechsel

7. Brücke



# LK 1/2 A Senior Trail - Vorlauf

## Legende:

..... Walk

- - - - - Jog

———— Lope

~~~~~ Back up

⊥ Stopp

1. Lope over

2. Brücke

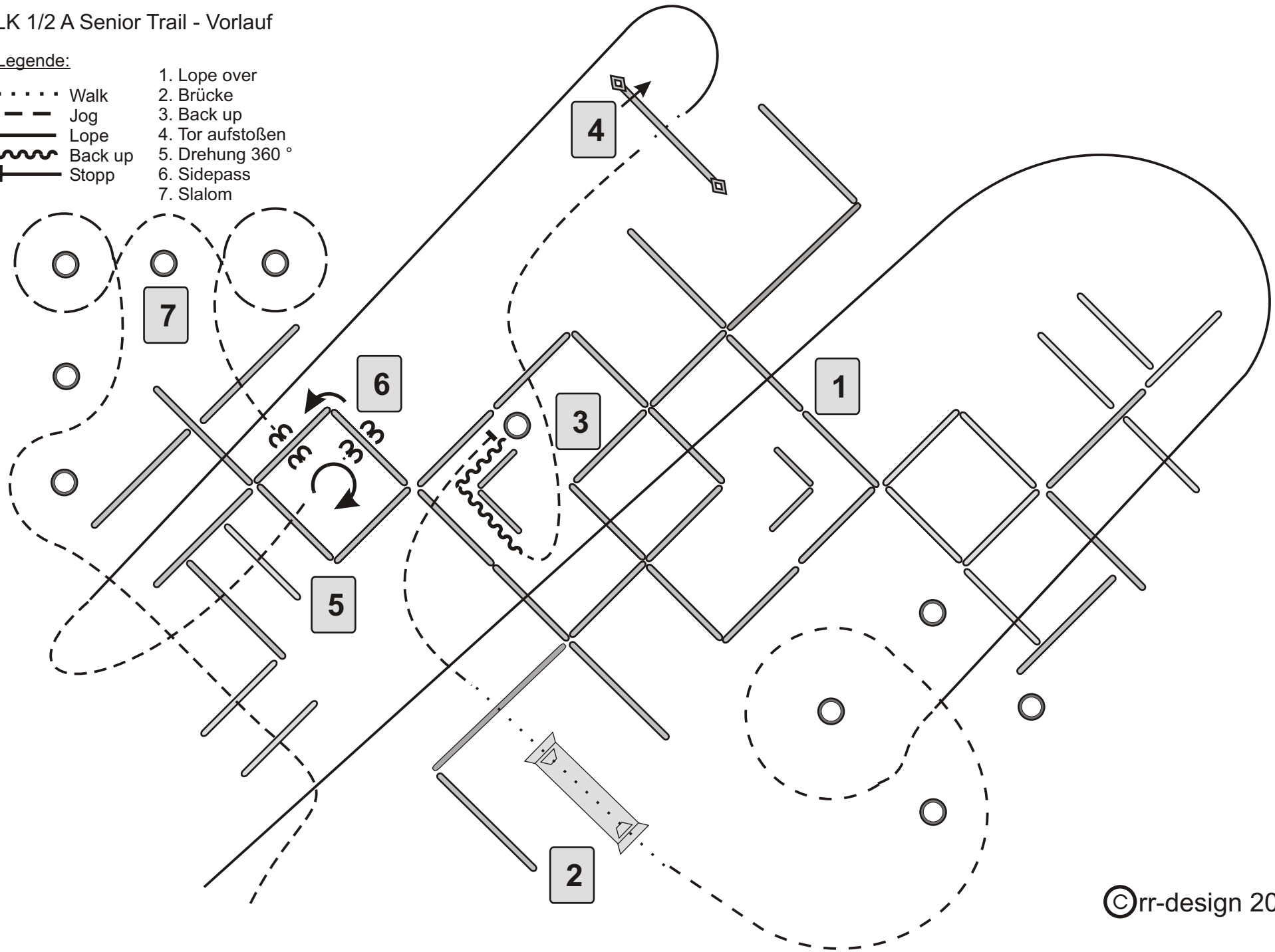
3. Back up

4. Tor aufstoßen

5. Drehung 360°

6. Sidepass

7. Slalom

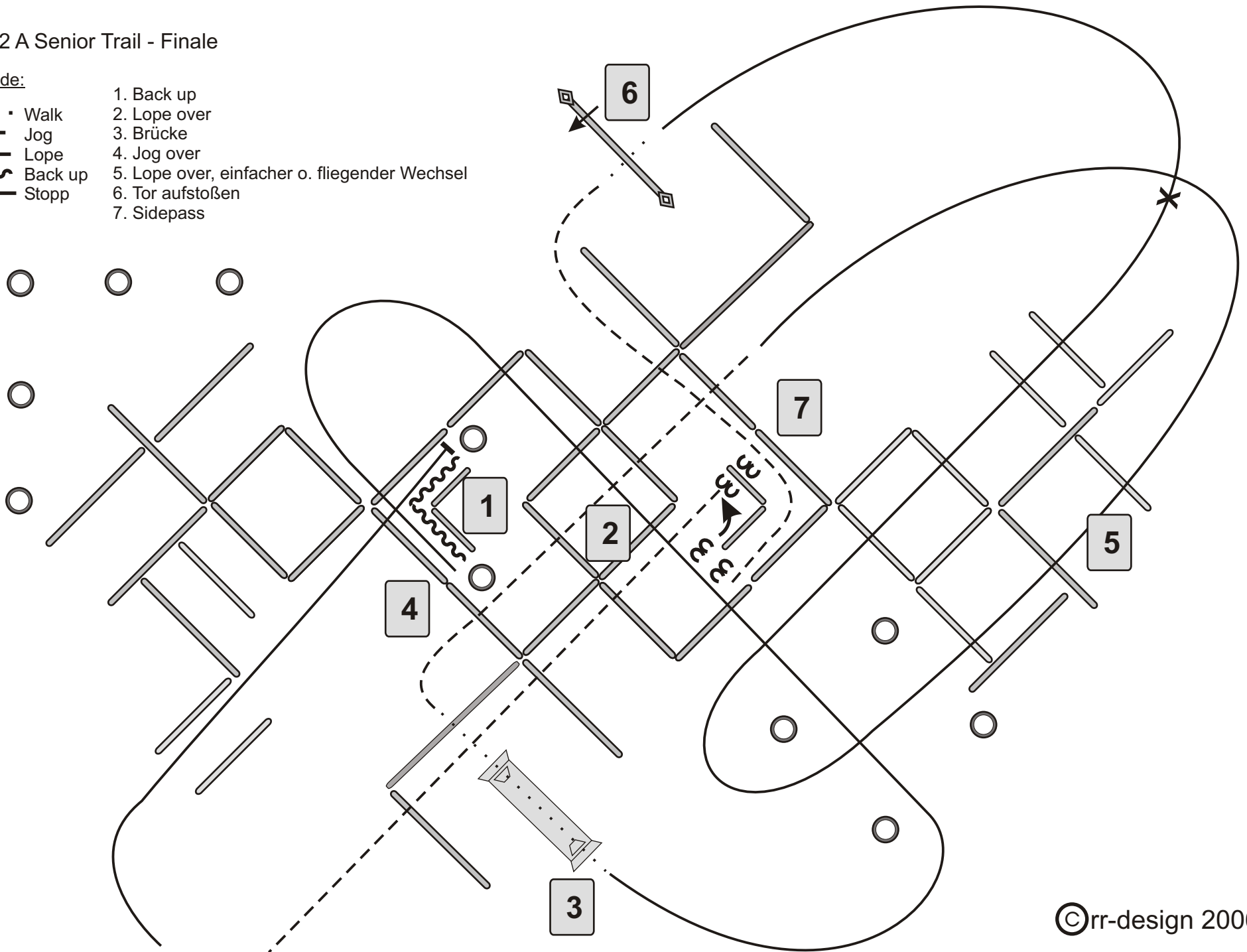


LK 1/2 A Senior Trail - Finale

Legende:

- Walk
- - - - - Jog
- Lope
- ~~~~~ Back up
- ⊥ Stopp

1. Back up
2. Lope over
3. Brücke
4. Jog over
5. Lope over, einfacher o. fliegender Wechsel
6. Tor aufstoßen
7. Sidepass

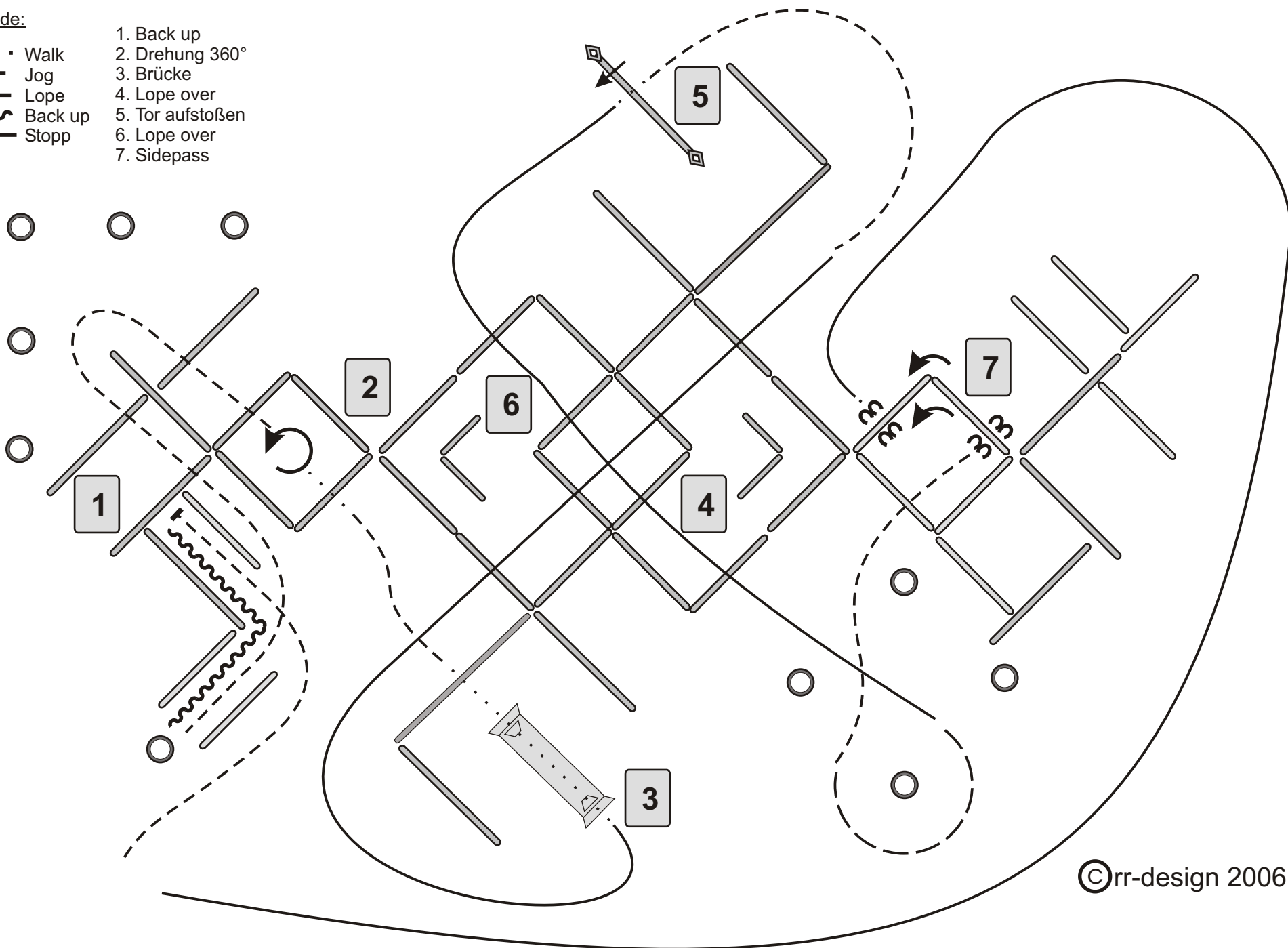


Trail Mannschaft Jugend

Legende:

- Walk
- - - - Jog
- Lope
- ~~~~~ Back up
- ⊥ Stopp

- 1. Back up
- 2. Drehung 360°
- 3. Brücke
- 4. Lope over
- 5. Tor aufstoßen
- 6. Lope over
- 7. Sidepass

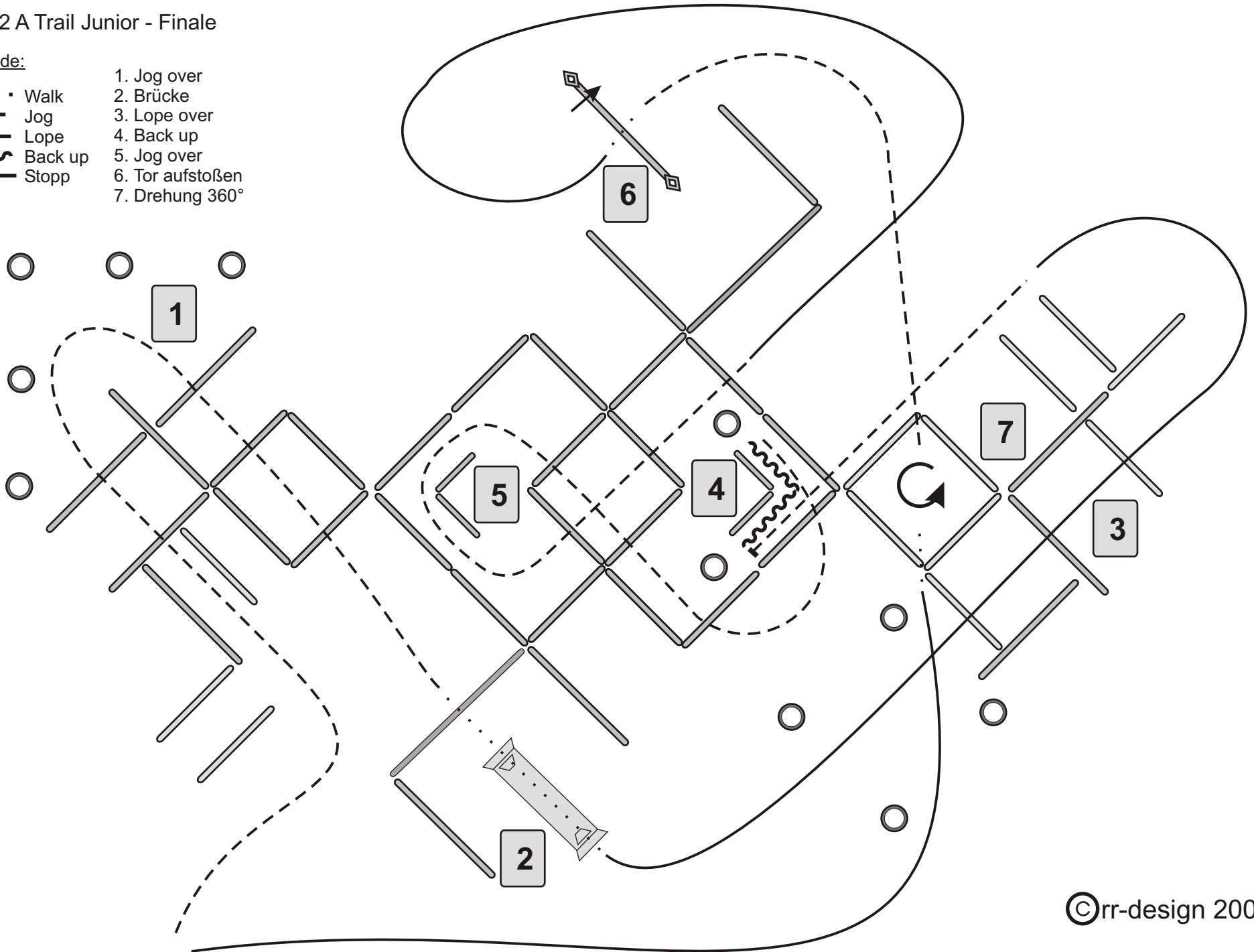


LK 1/2 A Trail Junior - Finale

Legende:

- Walk
- - - - - Jog
- Lope
- ~~~~~ Back up
- ⊥ Stopp

1. Jog over
2. Brücke
3. Lope over
4. Back up
5. Jog over
6. Tor aufstoßen
7. Drehung 360°

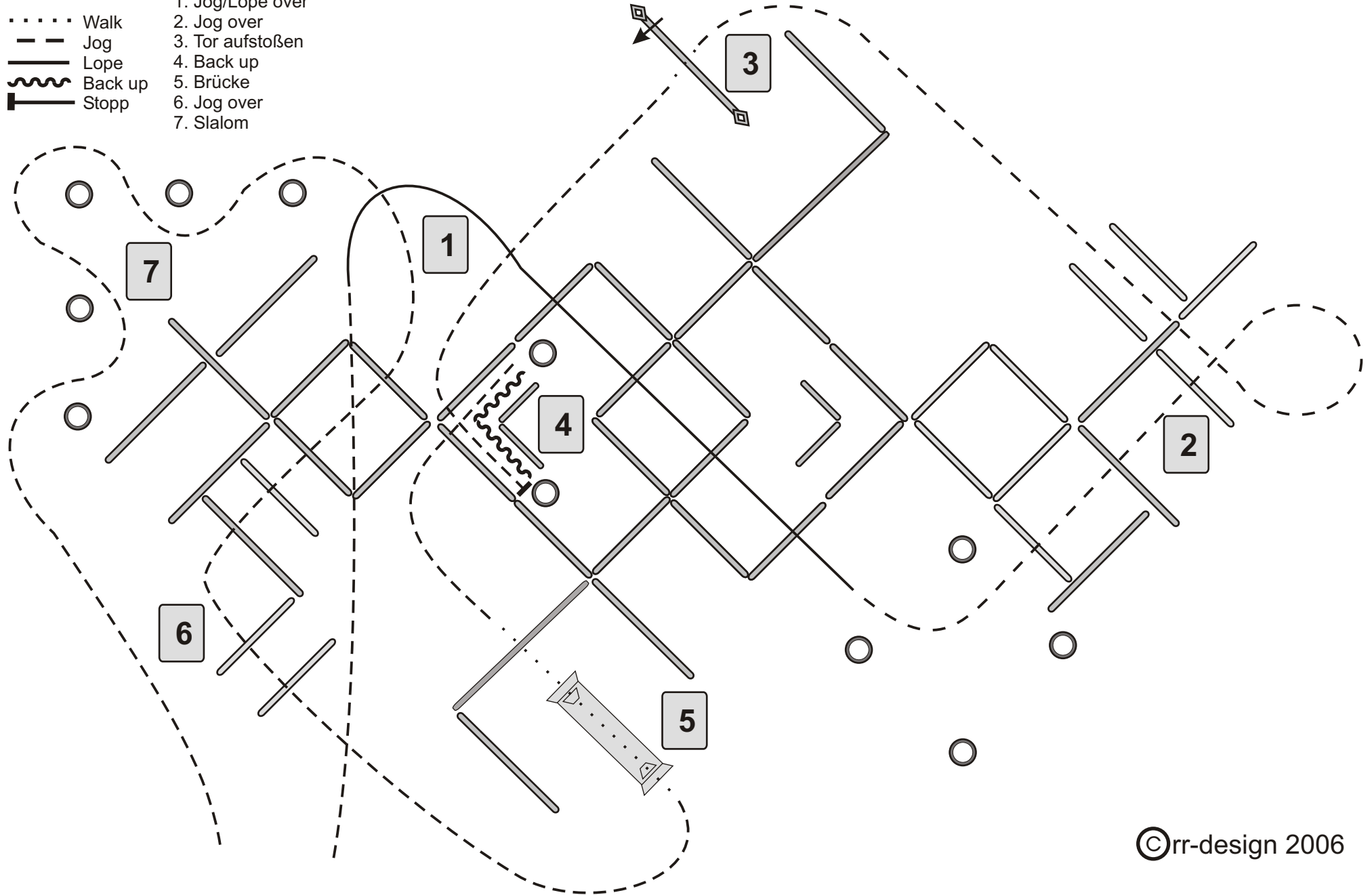


LK 1/2 A Trail Junior - Vorlauf

Legende:

- Walk
- - - - - Jog
- Lope
- ~~~~~ Back up
- ⊥ Stopp

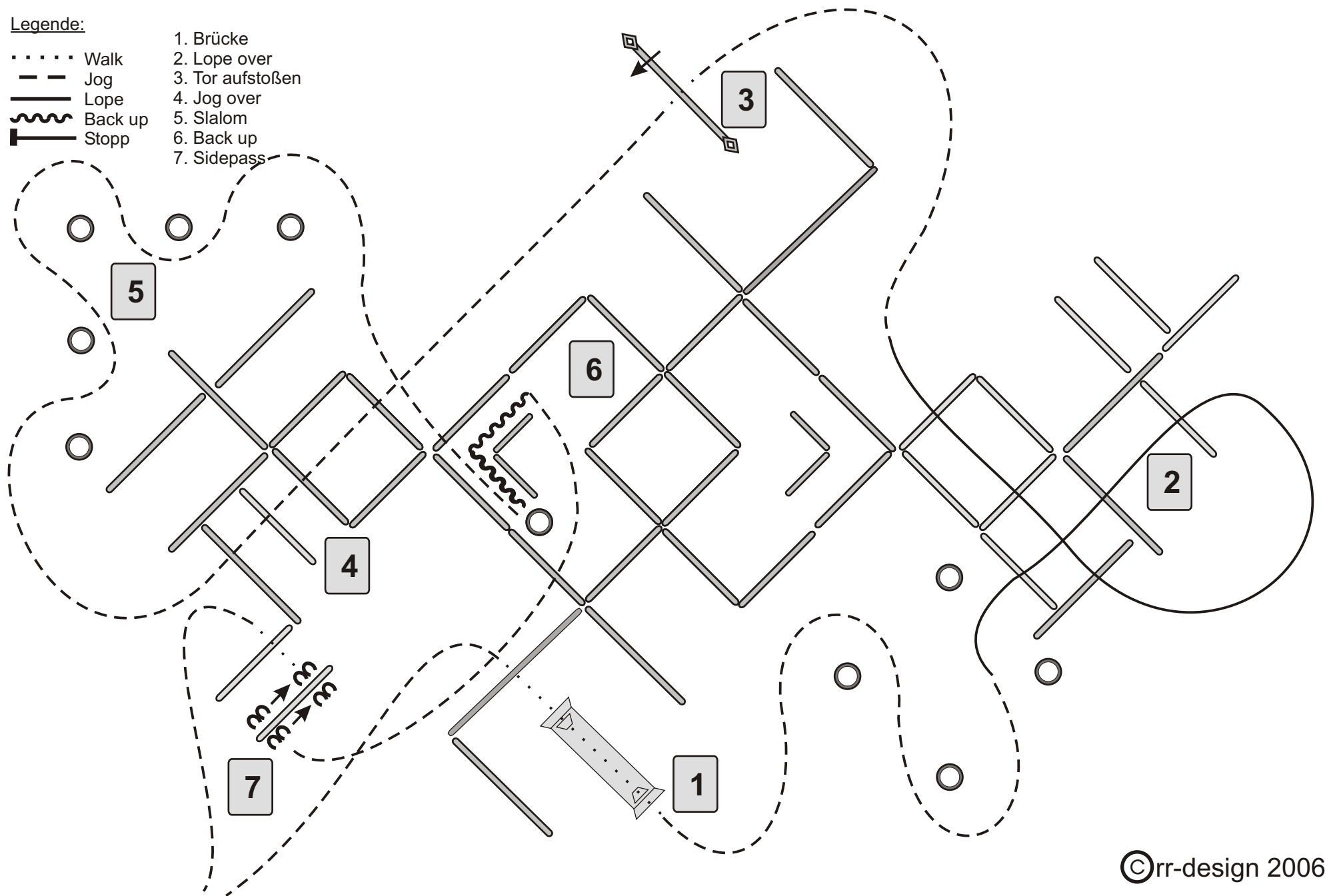
1. Jog/Lope over
2. Jog over
3. Tor aufstoßen
4. Back up
5. Brücke
6. Jog over
7. Slalom



LK 1/2 B Trail - Vorlauf

Legende:

- Walk
 - - - - - Jog
 - Lope
 - ~~~~~ Back up
 - ⊥ Stopp
1. Brücke
 2. Lope over
 3. Tor aufstoßen
 4. Jog over
 5. Slalom
 6. Back up
 7. Sidepass



LK 1/2 B Trail - Finale

Legende:

- Walk
- - - - - Jog
- Lope
- ~~~~~ Back up
- ⊥ Stopp

1. Jog over/Slalom
2. Lope over
3. Tor aufstoßen
4. Drehung 360°
5. Back up
6. Sidepass
7. Brücke

